



4 Folding Mini Trampoline



Warning!

Not suitable for children under 36 months. Small parts choking hazard !
For family domestic and indoor use only !

READ THIS FIRST!!!

Thank you for purchasing our product!

**IN CASE OF MISSING OR BROKEN
PARTS, PLEASE CONTACT PLACE OF
PURCHASE FOR ASSISTANCE.**

Important Notes

- 1) This product should not be used by persons weighing more than 300 lbs.
- 2) The legs of the folding trampoline are installed tightly during production, please make sure not to pinch your fingers or hand during assembly.
- 3) The Folding Mechanism can be stiff in the early stages of usage of folding trampoline and will loosen with time. Please be careful while opening and folding the trampoline and do not hurt your body.

Warning!

Keep others away from equipment when in use. Children under the age of 12 should be supervised by an adult when using the folding trampoline. Read instruction before using the folding trampoline, as with any fitness exercise program consult with your doctor before use.

We assume no responsibility for any personal injury or property damages or any liability for any personal injury or property damages or any liability that may arise from this product (folding trampoline).

WARNING

IMPORTANT - It is essential that the intended site for this trampoline is completely flat and level. If the ground is un-level this will cause movement in the frame and could cause stress on the joined sections.

The recommended safe play area is 200cm (2 metres) beyond the trampoline on all sides and 800cm (8metres) above the top. There must be no obstacles within the play area.



The safe play area must be on level ground, free from all structures, landscaping, trees and branches, rocks, wires, sprinkler heads and other obstacles. Children can be seriously injured running or colliding into such obstacles.

HOW TO START

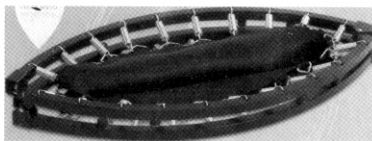
Always warm up thoroughly before starting your workout. Do at least five minutes of stretching and bending to help prevent muscle pulls and strains.

Begin by training every other day on the Aerobic Trampoline. After several weeks, start training five days a week. Rebounding is best performed by timing each exercise or combination of exercises. Start by the minimum number of minutes and gradually increase to the maximum recommended.

After becoming familiar with the exercises in this course, be innovative and develop your own routines. Combine various exercises and perform them to music and you will enjoy your workouts even more.

To Open Rebounder

Please remove contents from the box and make note of the all the parts you see in the picture.



1. Lay the folding trampoline on the floor, in its still folded position (look like a football). Push out the ends so the trampoline expands and look like a half moon (Image 1). Make sure the larger outside hinges touching the floor (see Fig.1).



2. Firmly grasp both halves of the frame at the midpoint of each half circle.

Note: Frame will snap open so please read step no.3 carefully. Please keep all fingers away from hinge area when opening and closing.

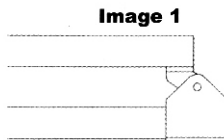


Figure 1

3. Using steady pressure, with hands open and fingers extended, use palm of hands to push top side of frame up, over and down to open position.

4. With the folding trampoline now open and still upside down, insert each leg onto the pin connectors on the rail frame. (See Fig.2)

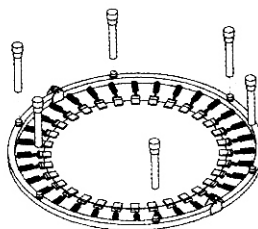


Figure 2

5. Turn the folding trampoline right side up, adjust the fabric of the skirt evenly around the jumping mat so that the skirt covers all the springs in an even manner.

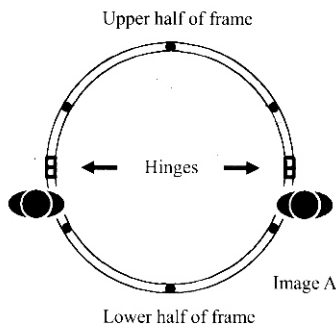
To Close (fold)

Important Safety Note: Always close your folding trampoline with 2 people.

1. Pull and release the fabric hinge (1 fold model) cover from above the hinges to allow easier folding.
2. Turn the unit upside down and lay it flat.
3. Pull each leg up and over it's platform pin and lay it down towards the center of the mat.

Note: Extend the leg spring only enough to get it up and over the platform pin. Do not over extend.

4. Locate the larger hinges on each side of the trampoline. Stand near the hinges on opposite sides of the folding trampoline facing the upper half of the frame (Image A).



5. Both persons kneel facing the "top half" of the folding trampoline and place their knee closest to the folding trampoline on the "bottom half" of the frame approximately 2 inches below (not on) the hinge (Image B).

Image B

6. Both persons lean forward placing their outside hand on the ground and use their inside hand to grasp one of the springs near the top of the folding trampoline (Image C).

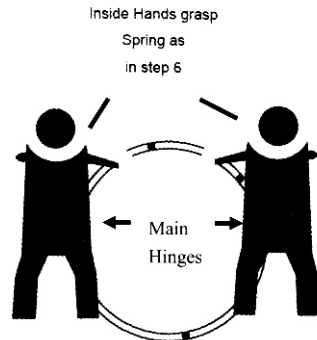


Image C

7. Together pull up gently on the spring and the top half on the frame will raise toward the middle. Ensure that your head is clear of moving frame.

Note: Watch out for your hands, feet body part, etc. And always take 2 people to fold the folding trampoline.

8. Once the trampoline is folded (now looks like half moon), simply push the two ends inwards to make the trampoline smaller (the shape will look like a football).



WARNING

IMPORTANT – PLEASE READ!

WARNING – GENERAL SAFETY ADVICE

- Please read the instructions before use and retain for future reference.
- Ensure the trampoline has been assembled correctly, as per the instructions in the manual.
- It is essential that the intended site for this trampoline is completely flat and level. If the ground is un-level this will cause movement in the frame and could cause stress on the joined sections.
- **DO NOT** exceed the recommended **MAXIMUM WEIGHT** limit of 100KGS.
- **DO NOT** allow more than one person on the trampoline at a time.
- **DO NOT** wear glasses or helmets when using the trampoline.
- **DO NOT** fall or bounce on your knees, this can cause injury.
- **DO NOT** use the trampoline in wet or windy conditions.
- **DO NOT** somersault – this can cause serious injury.
- **DO NOT** allow other persons to go under, sit, stand or lie on the frame pads whilst the trampoline is in use.
- **DO NOT** use the trampoline when under the influence of alcohol, drugs or medication which may impair the jumper's judgement.
- **ALWAYS** wear socks when using the trampoline.
- **ALWAYS** remove jewellery before using the trampoline.
- **ALWAYS** jump in the middle of the trampoline bed.
- **ALWAYS** follow the safety warnings stated with your trampoline instructions in conjunction with using enclosure.
- **NEVER** wear footwear (e.g. shoes) when using the trampoline.
- Children **MUST NEVER** use the trampoline unless supervised by a responsible adult with knowledge of trampoline use.
- Before trampolining, inspect and replace any worn, defective or missing parts.
- Ensure the trampoline is on level ground with a minimum of 2.5M clear space around the sides, 8M clear height space above and that nothing is under the trampoline.
- Mount and dismount the trampoline with care as injury may result.
- Please read and refer to other warnings and use information in the instructions before use.
- Please read and refer to other warnings and use information in the trampoline instructions before use.

Please retain this information for future reference.

RETURN / DAMAGE CLAIM INSTRUCTIONS

1. DO NOT discard of the box / original packaging.

In case a return is required, the item must be returned in original box. Without this your return will not be accepted.

2. Take a photo of the box markings.

A photo of the markings (text) on the box is required in case a part is needed for replacement. This helps our staff identify your product number to ensure you receive the correct parts.

3. Take a photo / Video of Damage (if applicable).

A photo /Video of the damage is always required to file a claim and get your replacement or refund processed quickly. Please make sure you have the box even if it is damaged.

4. Send us an email with the images requested.

Email us directly with the attached images, order number (SOXXXX) and a description of your claim.

Auckland / Waikato / BOP Branch: sales@tsbliving.co.nz

Christchurch Branch: customersupport@tsbliving.co.nz

Wellington Branch: wellington@tsbliving.co.nz